

feature of much importance. I have had some experience along this line; in securing subscribers for our paper—I have asked members to take the paper, when the response would be, “I am taking so many papers now, that I do not get them read through, and upon inquiry as to what papers they were taking the answer would be, two or three political papers. Would it not brethren, be much better to drop one or two of these and if needs be all and take the church paper? Try this sacrifice and see if you don’t feel better over it, besides you will not only help yourself but help send the news of the brother-hood to some other poor isolated member. Try it will you? I admire the sentiment of our Editor in saying “if the ministers do not go to conference they need not expect the lay members to go;” this is true. Of course if we only look for our reward in this life we could easily find excuses but when we remember the sacrifice our Saviour made in order to give us a better way, can we not make a small sacrifice of our earthly gatherings to return something into the hands of him who furnishes all and in all for us to do with? Remembering the words of divine writ. Whatsoever a man soweth that shall he also reap. He that soweth to the flesh shall of the flesh reap corruption, and he that soweth to the spirit shall reap life eternal. God loveth a cheerful giver.

EASE OF DEPORTMENT IN COMPANY.

Everything that is useful may be gained by labor. You may not have the hereditary gift of good breeding; you may lack the early training of schools and home; yet the value of these you can take into yourself by observation, study, and practice, provided always that you realize the efficacy as well as the beauty of unselfishness. But unselfishness is precisely opposite to self-neglect. Make yourself a model man or woman for the sake of truth, honesty, and happiness and these shall beam out of you into others. It is the highest manifestation of health, this self-shaping power by which the individual grows to the full-rounded stature of a man or a woman and is able to meet the demands

of life without bustle or trepidation or any undue show of strain.

Be a calm observer for one evening at any social gathering and you will be able to detect at a glance the young person who gesticulates vehemently and laughs immoderately for want of any other mode of expressing a confusion of embarrassments or in sheer nervous excitement. The pretty surprises of the occasion destroy the equilibrium of such a mind and break it into unmanageable cross currents of self-consciousness and vulgar anxiety.

We must understand, then, that ease of deportment is but the adequate and perfectly natural expression of inward harmony. The repose of manner which we all so much admire in great men is quite different from the sphinx-like inscrutability of the well-trained butler; it is the difference between a countenance and a face; one is from deep within, the other is an exterior mask. The soul must be cultivated to insure that fine physical poise which, like some happy verse or phrase in poetry, seems too exquisitely modeled to be artificial.

Ease of deportment, then, is to be sought through a knowledge of life and of your relation to your fellow-beings. Two apparently antagonistic elements must be blended to accomplish it: the aristocracy of self-respect and the democracy of self-forgetfulness. Respect yourself too much to neglect your own good; respect others too much to appear solicitous for their admiration. Take for granted that you are an adequate factor; but never insist upon your adequacy. Leave your diploma at home and let others accentuate your importance. Ease is the involuntary flow of good fellowship; it comes of perfectly poised manhood as contradistinguished from conscious, insistent selfishness.—Angeline Bryce Martin in *The Chautauquan* for August.

The man will be remembered who forgets himself for others.

Every time we break a law of health we drive a nail into our coffin.

The devil fears nobody more than he does the man who can say, “I can do all things through Christ.”

SANCTIFICATION.

Sanctification is the gift of the Holy Ghost, the fruit of the Spirit, the grace of the Lord Jesus Christ, the prepared inheritance of all who will enter in, the obtainment of faith, not the attainment of works. It is Divine holiness, not human self-improvement, nor perfection. It is the inflow into man’s being of the life and purity of the infinite, eternal and Holy One, bringing his own perfection and working out in us his own will. How easy, how spontaneous, how delightful this heavenly way of holiness! Surely it is a “highway,” and not the low way of man’s vain and fruitless mortification.

It is God’s great elevated railway, sweeping over the heads of the struggling throngs who toil along the lower pavement when they might be borne along on his Ascension pathway, by his own Almighty influence.

It is God’s great elevator, carrying us up to the higher chambers of his palace without our laborious efforts, while others, struggle up the winding stairs and faint by the way.

It is God’s great tidal wave bearing up the stranded ship, until she floats above the bar without a straining timber or a struggling seaman, instead of the ineffectual and toilsome efforts of the struggling crew and the strain of the engines, which had tried in vain to move her an inch until that heavenly impulse lifted her by its own attraction.

It is God’s great law of gravitation lifting up, by the warm sunbeam, the mighty iceberg which a million men could not raise a single inch, but which melts away before the warmth of the sunshine, and rises in clouds of evaporation to meet its embrace until that cold and heavy mass is floating in fleecy clouds of glory in the blue ocean of the sky.

How easy all this! How mighty! How simple! How Divine! Beloved, have you come into the Divine way of holiness? If you have, how your heart must swell with gratitude as it echoes the truths of the words you have just read! If you have not, do you not long for it, and will you not unite in the prayer of the text that the very God of peace will sanctify you wholly? —*Christian Alliance Weekly*.